

## **The 14th European Congress of Internal Medicine post release**

For the first time in history the 14<sup>th</sup> European Congress of Internal Medicine (ECIM) took place in Moscow, Russian Federation in the International Exhibition Center “Crocus Expo” October 14<sup>th</sup> through 16<sup>th</sup>, 2015. The 14th ECIM was organized by the European Federation of Internal Medicine (EFIM) together with the Russian Scientific Medical Society of Internal Medicine (RSMSIM) with support of the Ministry of Health care of Russian Federation. Co-chairmen of the Congress were the President of RSMSIM Anatoly Martynov and the President of EFIM Frank Bosch (the Netherlands). The ECIM was organized jointly with the X National Congress of Russian Internists.

6138 doctors from 363 cities of the Russian Federation and 1504 foreign specialists from 72 countries participated at the joint Congress. The largest number of international participants came from Turkey (297), Portugal (250), Spain (185), Greece (66) and Israel (41).

The opening ceremony of the 14th European and X National Congresses was marked by the welcome speeches of Anatoly Martynov, Academician of the Russian Academy of Sciences, the President of RSMSIM, Veronika Skvortsova, the Minister of Health care of the Russian Federation, Frank Bosch (the Netherlands), the President of EFIM and Daniel Sereni (France), the Chairman of the Foundation for the Development of Internal Medicine in Europe. Dmitry Medvedev, the Prime Minister of Russian Federation, Valentina Matveenko, the Chairman of the Federation Council, Sergey Naryshkin, the Chairman of the State Duma, Alexander Brechalov, Secretary of the Public Chamber of the Russian Federation and Oleg Yanushevich, the President of the Society of doctors in Russia sent the greetings to the participants of the 14<sup>th</sup> ECIM and X National Congress of Internists.

The content of the scientific program of the 14th European Congress of Internal Medicine fully reflected its slogan "Internal medicine - without borders". The program included not only all the main areas of internal medicine, such as cardiology, rheumatology, pulmonology, nephrology, gastroenterology, hematology, endocrinology, infectious diseases, but also more rare discussed at therapeutic forums questions related to neurology, oncology, occupational diseases, orphan diseases and emergency medicine. The important role of internal medicine in the modern health care system was discussed as well as the perspectives of development of therapy as a profession, comorbid and multimorbid pathology, overdiagnosis and overtreatment, management of elderly patients.

The Honorary lectures at the Congress were entrusted to read to Evgeny Chazov, Academician of the Russian Academy of Sciences, Nobel prize laureate, and Oleg Atkov, Professor, pilot-cosmonaut, first internist in space. The topics of their lectures were "Ways of improving of cardiac care" and "Space as a new human environment. Medical risks".

At a joint plenary session of the Russian Scientific Medical Society of Internal Medicine (RSMSIM), European Federation of Internal Medicine (EFIM), International Society of Internal Medicine (ISIM) and Eurasian Association of Therapists, the problems and prospects of internal medicine in the XXI century were discussed. The International Society of Internal Medicine (ISIM) was represented by Hans Peter Kohler (Switzerland), the Secretary General, and Rolf Streuli (Switzerland), Honorary President of ISIM, whose presence made it possible to discuss further cooperation and to coordinate the largest international professional therapeutic societies for the development of internal medicine. The rest of the plenary sessions of the Congress were devoted to

overdiagnosis and medical errors, rare diseases and new models of organization of inpatient and outpatient care in Europe.

Eight workshops on topical issues such as acute situations in internal medicine, management of patients with atrial fibrillation, writing of medical articles, syncope, ultrasound examination for internists, drug induced liver disease, differential diagnosis of the most common syndromes and clinical ECG were held.

Within the Congress a traditional Day of Young Internists and the Best clinical case contest, organized jointly by the ECIM-2015 organizing committee and the European Journal of case reports in internal medicine (EJCRIM), took place. 10 best clinical cases were selected among 366 submitted to the Congress for the final tour. First place was awarded to the work of Ludi Koenig and co-authors (Rotterdam, the Netherlands) "The chicken or the egg: a patient with rapidly progressive renal and heart failure". Second place was taken by Pablo Demelo Rodriguez and co-authors (Madrid, Spain), presented the case report "An unusual case of acute meningitis", the third – by Ewelina Biskup and Yang Xiao-Yu (Shanghai, China) with the case of "Purulent abscess of the caudate lobe of the liver". In addition to diplomas and valuable prizes, all participants got the opportunity to publish their papers in EJCRIM.

In total, the program of the Congress includes 4 plenary sessions, 22 scientific and 1 satellite symposiums, 7 sessions of oral presentations and 8 workshops. 203 presentations from 24 countries, including 99 presentations made by domestic internists were presented at the Congress.

The poster session was one of the largest in the history of the European Congress of Internal Medicine and consisted of 696 posters.

The abstract book of the Congress was published as an electronic appendix to the official RSMSIM journal "Therapy". 946 abstracts from 43 countries were included, accepted from 1235 submitted papers. The largest number of abstracts was submitted by the internists from Portugal, Russia and Spain. 56 abstracts were chosen for oral presentations at the Congress.

The 14th European Congress of Internal Medicine was granted by the European Accreditation Council for Continuing Medical Education (EACCME) of the European Union of Medical Specialists (UEMS) with up to 13 CME credits.

During the Congress the EFIM General Assembly and Administrative Council meeting took place.

*Chairman of the ECIM-2015, President of RSMSIM Anatoly I. Martynov*

*Co-chairman of the ECIM-2015, President of EFIM Frank Bosch*

*Member of ECIM-2015 Steering committee, Scientific Secretary of RSMSIM Valentin A. Kokorin*